

**Someone new joins  
your class.**

**Your friend is sad  
because they lost their  
favourite toy.**

**You want to play with a  
group, but they say no.**

**You and a friend want to  
play with the same toy.**

**Your friend falls over  
and starts crying.**

**Someone takes your  
seat at lunchtime.**

**A friend wins a prize, a  
competition, or a race.**

**A friend gets picked  
for something you  
wanted to do.**

**You didn't get picked  
for a team but your  
friend did.**

**You have to speak on  
your own in front of the  
class for the first time.**

**You've been working hard building a lego set but you've accidentally knocked it over.**

**You are going to a birthday party where you don't know many people.**

**You're going on a school trip tomorrow where you have to stay away from home overnight.**

**Your team won the football match but your best friend is sad because they were on the losing side.**

**You finished last in a race.**

**You didn't win the board game.**

**Your parents say you can't have any more screen time today.**

**Your brother / sister was given one more sweet than you by mistake.**

**You can't find your favourite toy.**

**Someone has broken your favourite toy.**

**You worked hard and completed a difficult task.**

**The puzzle you were working on was difficult so you gave up.**

**Everyone laughed when you fell over.**

**You gave the wrong answer in front of the whole class.**

**Your best friend is playing with someone else instead of you.**

**There is a very loud noise outside.**

**Your friends can ride a bike but you can't.**

**You get a lower score than your friend in a maths test.**

**A friend accidentally spills something on your drawing.**

**You accidentally spill something on a friend's drawing.**

**You see someone being  
left out of a game.**

**Your partner isn't  
listening during a  
group task.**

**Your friend is playing  
too rough, and you  
don't like it.**

**You don't understand  
the teacher's  
instructions.**

**You are accused of  
doing something you  
didn't do by a friend  
or a grown-up**

**You get a special  
certificate for helping  
to tidy up.**

**You are going to a new  
sports club after school.**

**You are going to compete  
in a sports competition  
after school.**

**You are moving to a new  
town so you will have to  
go to a new school.**

**Tomorrow is the start  
of a new school year  
and you will be in  
a new class.**

**Something that you  
were looking forward  
to has been cancelled.**

**You made a card for a  
friend but they  
didn't like it.**

**Your friend has given  
you a card saying how  
much they like you.**

**You are late for school.**

**All of your friends like a  
new film but you don't  
think it's very good.**

**You just miss the bus  
and now you have to  
wait 30 minutes for  
the next one.**

**You've queued for  
ages to go on a ride  
at a theme park but the  
ride closes before you get  
a chance to go on it.**

**You share your sweets  
with a friend, but they do  
not share theirs with you  
the next day.**

**A friend shares a packet  
of chocolates with you.**

**Your best friend  
doesn't come to your  
birthday party.**

**Your older brother /  
sister gets to go to bed  
later than you.**

**Someone pushes in front  
of you when you're  
waiting in the lunch  
queue.**

**You had to go home  
before you had a chance  
to go on the swings in  
the park.**

**You kept practicing  
playing your guitar and  
now you can play your  
favourite song.**

**You played computer  
games instead of doing  
your homework.**

**You didn't get invited to  
a birthday party.**

**You spent a long time  
working on a painting  
and the teacher said  
it's amazing.**

**Your friend doesn't want  
to play the same game  
as you.**

**You want to sit next to  
your best friend, but  
they choose to sit with  
someone else.**

**You see someone sitting  
alone at playtime.**

**You give someone a present, but they don't say thank you.**

**You worked really hard on a picture, but someone else gets praised instead.**

**You are about to go on stage for a class performance.**

**Your teacher asks you to answer a question, but you don't know the answer.**

**You see someone breaking the rules of a game.**

**A friend takes the last piece of cake at a party before you get one.**

**You and your friend have a small argument.**

**You help a younger child put their coat on.**

**You win a competition, but your friend looks sad.**

**You're waiting for your turn, but it's taking a long time.**

**Your friends all like talking about a video game but you haven't played it.**

**Everybody laughs at a classmate and they look sad.**

**You accidentally hurt someone while playing.**

**Your brother / sister is ill so you can't go on holiday.**

**A friend whispers a secret to another friend but not to you.**

**You made a joke, but it hurt someone's feelings.**

**You invite a friend to play, but they say no.**

**You see a classmate struggling with their work.**

**You borrowed a toy from a friend and accidentally broke it.**

**You tell a secret to a friend and they tell someone else.**



**Your friend won't share  
their toy with you.**

**You forgot to do  
something your teacher  
asked you to do.**

**You helped clean up  
without being asked.**

**You said the wrong word  
while reading aloud.**

**You have to sit next  
to someone new in  
the classroom.**

**A family member you  
haven't seen in a long  
time is visiting  
this weekend.**

**You forgot your  
homework.**

**Your friend gets a turn at  
doing something fun  
twice in a row.**

**You see someone take  
something that doesn't  
belong to them.**

**You hear your friend  
telling a lie.**

**A classmate shouts out  
the answer before you  
had a chance to.**

**Someone gave you an  
unexpected gift.**

**Your teacher gives you  
an important job to do.**

**You get a new coat, and  
someone in your class  
makes fun of it.**

**You are the last person  
to be picked for a team.**

**You were winning a race  
but then tripped over so  
you finished last.**

**It's your birthday!**

**You've been looking  
forward to a friend  
staying over at your  
house but they are sick  
so can't now come.**

**Your parents are late  
picking you up from  
school because they are  
stuck in traffic.**

**There is a very big storm  
going on outside.**